



### Union Hill Family Events

#### January 31:

- Financial Peace
- LTC
- Fair Haven Collection

#### February 1:

- ATM

#### February 4:

- Pantry Open
- Grief Recovery

### Mexico Mission Trip

Please sign up on the bulletin board in the old auditorium or on the attendance tear-off. The mission team leaves for Monterrey Friday, March 19, and returns Saturday, March 27. Passports are required.

### The collection for Fair Haven Children's Home is today.

February 8th

### Ladies' Fellowship

is a "love celebration"

starting at 6:30 pm in the upper room. Please bring \$2 per person for the spaghetti supper with valentine desserts.

### Potluck Family Social

Sunday noon, February 7th

### Save These Dates

April 16 & 17

for the Ladies' Retreat!

## Grief Recovery Program

The 12-week program begins February 4  
7 p.m. to 9 p.m.

The program is affiliated with and endorsed by The Grief Recovery Institute.

A \$50 fee is due at registration.

Assignments and materials are distributed during the first class.

Class size will be limited.

For further information or to register call:  
Nita Shelton at 724-8575.

### Get Healthy! Stay Balanced Course

This course is for those desiring to experience the optimal health God meant for us. Scientific validation confirms the biblical wisdom of eating more fruits and vegetables, drinking more water, eating less saturated fat and hydrogenated oil, consuming more fiber, getting more exercise, and alleviating stress. The class begins Sunday, February 28, 2010 from 4 - 6 P.M. in the Upper Room. The classes will run for 9 weeks and include food demonstrations. The fee for the course is \$89.95 and includes a workbook, three other books, and a DVD. Sign up on the bulletin tear-off by February 14th to be guaranteed a kit when class begins. If you have any questions, contact John (379-5575) or Angela (350-2801) Lorette.



Come Celebrate with Us!  
Herbert Wandell Cozort's  
80<sup>th</sup> Birthday  
Saturday, February 13, 2010  
2:00 - 4:00 pm  
Union Hill Church of Christ

### TEENS:

Please sign up (on the bulletin tear-off) for the following events.

#### February 7: Family Social.

**February 13: First Annual Area-Wide High School Formal** at Samuel Cedars Banquet Hall from 5 pm to ? Registration deadline is 5 pm February 1st. Cost is \$10 if registered before the deadline; \$15 after the deadline.

**February 21: Area-Wide Youth Night** at East Grand.

### 5th & 6th Grade Activity Sunday, February 21st

Please bring \$2 for lunch. Meet in the Upper Room following morning Bible class. The group will then leave for the home of Brian and Amber Verdier.

**Pantry Needs:** Please put in the barrel near the mail bins.

- ◆ Canned vegetables & fruit
- ◆ Vegetable beef soup
- ◆ Cream of mushroom soup
- ◆ Canned chili
- ◆ Crackers
- ◆ Canned meat
- ◆ Hot & cold cereal
- ◆ Macaroni & cheese
- ◆ Boxed meals (i.e. Hamburger Helper)
- ◆ Canned meals (i.e. Ravioli; stew)
- ◆ Pasta
- ◆ Spaghetti sauce
- ◆ Small packages sugar
- ◆ Salt & pepper
- ◆ Cooking oil
- ◆ Toothbrushes
- ◆ Shampoo & conditioner
- ◆ Deodorant
- ◆ Laundry detergent
- ◆ Dish soap
- ◆ Toilet paper
- ◆ Shaving cream
- ◆ Razors

# Curriculum

#### 0-2 years old

January-March: Creation

#### 3 & 4 years old

January & February: Creation

#### 5 years old—4th grade

Today, January 31st:

Esther Becomes Queen  
Mordecai, Plot to Kill King

Wednesday, February 3rd:

Plot to Kill Jews

Sunday, February 7th:

Esther is Brave & Saves her People

#### 5th—6th grade

Today, January 31st:

Writing on the Wall; Nebuchadnezzar's Feast

Wednesday, February 3rd:

Isaac

Sunday, February 7th:

Sodom (Abraham, Lot, and Lot's Wife)

#### Junior High

Sundays: Evangelism

#### Senior High

Sundays: Spiritual Disciplines

#### Junior & Senior High Combined

Wednesdays: Spiritual Disciplines

#### Sunday Adult

Young Adults (B12): Life Skills, Book of Proverbs

Adult (Aud): Sermon on the Mount

Adult (OEA): Denominations and Religions in America

Young Adult Women (B6): Becoming a Woman of Simplicity

Young Adult Men (UR): A Study in Character Building

Adult (FR): Book of Acts

#### Wednesday Adult

College/Young Adults (B12): 1st & 2nd Peter

Adult (B6): Sermon on the Mount

Adult (Aud): Ephesians

Adult (UR): Philippians

Ladies (FR): The Virtuous Woman

(Aud) Auditorium (FR) Fellowship Room  
(OEA) Office Entry Area (UR) Upper Room  
(B12) Room 12 in Basement

## Welcome to

Union Hill Church of Christ

January 31, 2010

## Visitor

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip Code \_\_\_\_\_

Phone number \_\_\_\_\_

E-mail \_\_\_\_\_

1st visit to Union Hill? \_\_\_\_\_

Guest of \_\_\_\_\_

Church affiliation \_\_\_\_\_

## Member

Name \_\_\_\_\_

Change of address \_\_\_\_\_

(Please write prayer requests and sign up for various events on the back.)